

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 102

Total Responses: 171

1. Check one that describes you:	Yes	No	N/R
Pregnant	44	87	40
A parent/caretaker of a baby under 6 months	45	81	45
A parent/caretaker of a baby 6 months to 1 year	61	59	51
Breastfeeding (at least 1 time in 24 hours)	27	99	45
A parent/caretaker of a child over 1 year old	77	47	47
The dad, grandparent, caretaker of a child on WIC	13	96	62
The mom of a child on WIC	129	24	18
I am 18 years or younger	42	84	45

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	63	42	60	6
Getting children to eat healthy foods	19	24	125	3
Quick healthy meals	19	14	135	3
Eating a healthy diet after pregnancy	41	16	107	7
Saving money at the grocery store	23	16	130	2

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	60	74	27	10
Discussion only	85	58	16	12
Food demonstration/taste test	46	74	39	12
On the internet	40	20	99	12
Reading on my own	15	36	110	10
Learning activities	23	65	73	10

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 102

4. What is the highest level of school you completed?	Total
6th grade or less	9
7th to 9th grade	18
10th to 12th grade	38
High School graduate	66
Some College / Current Student	33
College Graduate	5
No response	2

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	95	69	7
A video game console (X-box, Playstation, Game Cube, Nintendo)	80	83	8
Cable TV	119	50	2

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	11
2 times a week	14
3 times a week	18
4 or more times a week	76
No response	52

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	48	31	88	4
Exercise during of after pregnancy	55	22	89	5
Stretching	59	27	75	10
Exercising more myself	39	18	110	4
Getting my children to exercise more	58	36	72	5
Back health	47	35	83	6

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 102

ENGLISH

meal planning

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 105

Total Responses: 49

1. Check one that describes you:	Yes	No	N/R
Pregnant	14	33	2
A parent/caretaker of a baby under 6 months	16	29	4
A parent/caretaker of a baby 6 months to 1 year	12	33	4
Breastfeeding (at least 1 time in 24 hours)	7	36	6
A parent/caretaker of a child over 1 year old	26	18	5
The dad, grandparent, caretaker of a child on WIC	5	39	5
The mom of a child on WIC	34	12	3
I am 18 years or younger	14	30	5

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	27	8	11	3
Getting children to eat healthy foods	12	5	31	1
Quick healthy meals	9	2	37	1
Eating a healthy diet after pregnancy	15	12	21	1
Saving money at the grocery store	10	6	32	1

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	11	19	18	1
Discussion only	25	12	10	2
Food demonstration/taste test	15	20	13	1
On the internet	21	9	16	3
Reading on my own	5	12	30	2
Learning activities	11	11	24	3

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 105

4. What is the highest level of school you completed?	Total
6th grade or less	1
7th to 9th grade	11
10th to 12th grade	15
High School graduate	12
Some College / Current Student	6
College Graduate	4
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	19	27	3
A video game console (X-box, Playstation, Game Cube, Nintendo)	14	33	2
Cable TV	35	12	2

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	0
2 times a week	7
3 times a week	7
4 or more times a week	19
No response	16

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	22	4	21	2
Exercise during of after pregnancy	16	3	28	2
Stretching	22	8	16	3
Exercising more myself	14	5	27	3
Getting my children to exercise more	17	5	26	1
Back health	21	7	18	3

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 105

ENGLISH

teaching only children to interact w/other children

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 106

Total Responses: 132

1. Check one that describes you:	Yes	No	N/R
Pregnant	49	74	9
A parent/caretaker of a baby under 6 months	37	79	16
A parent/caretaker of a baby 6 months to 1 year	37	81	14
Breastfeeding (at least 1 time in 24 hours)	22	93	17
A parent/caretaker of a child over 1 year old	73	46	13
The dad, grandparent, caretaker of a child on WIC	22	86	24
The mom of a child on WIC	103	21	8
I am 18 years or younger	24	88	20

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	39	50	36	7
Getting children to eat healthy foods	15	13	99	5
Quick healthy meals	11	19	95	7
Eating a healthy diet after pregnancy	25	21	80	6
Saving money at the grocery store	15	18	95	4

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	11	48	70	3
Discussion only	32	58	28	14
Food demonstration/taste test	26	55	45	6
On the internet	43	45	32	12
Reading on my own	21	46	54	11
Learning activities	9	40	75	8

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 106

4. What is the highest level of school you completed?	Total
6th grade or less	10
7th to 9th grade	17
10th to 12th grade	31
High School graduate	40
Some College / Current Student	29
College Graduate	4
No response	1

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	57	71	4
A video game console (X-box, Playstation, Game Cube, Nintendo)	45	80	7
Cable TV	90	38	4

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	6
2 times a week	8
3 times a week	24
4 or more times a week	47
No response	47

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	26	27	71	8
Exercise during of after pregnancy	28	18	77	9
Stretching	35	38	49	10
Exercising more myself	22	26	74	10
Getting my children to exercise more	32	38	51	11
Back health	28	29	65	10

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 106

ENGLISH

stress management

SPANISH

un video para que los ninos lo puedan ber

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 107

Total Responses: 165

1. Check one that describes you:	Yes	No	N/R
Pregnant	30	128	7
A parent/caretaker of a baby under 6 months	71	86	8
A parent/caretaker of a baby 6 months to 1 year	54	106	5
Breastfeeding (at least 1 time in 24 hours)	33	124	8
A parent/caretaker of a child over 1 year old	83	78	4
The dad, grandparent, caretaker of a child on WIC	34	121	10
The mom of a child on WIC	136	28	1
I am 18 years or younger	25	128	12

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	60	40	42	23
Getting children to eat healthy foods	27	15	121	2
Quick healthy meals	21	21	120	3
Eating a healthy diet after pregnancy	50	17	80	18
Saving money at the grocery store	19	20	121	5

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	31	59	71	4
Discussion only	43	67	24	31
Food demonstration/taste test	53	39	65	8
On the internet	67	30	41	27
Reading on my own	19	39	99	8
Learning activities	26	38	81	20

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 107

4. What is the highest level of school you completed?	Total
6th grade or less	12
7th to 9th grade	22
10th to 12th grade	44
High School graduate	42
Some College / Current Student	38
College Graduate	4
No response	3

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	55	101	9
A video game console (X-box, Playstation, Game Cube, Nintendo)	64	90	11
Cable TV	112	49	4

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	9
2 times a week	10
3 times a week	15
4 or more times a week	68
No response	63

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	36	27	93	9
Exercise during of after pregnancy	42	20	84	19
Stretching	41	35	68	21
Exercising more myself	33	28	98	6
Getting my children to exercise more	41	38	81	5
Back health	36	37	85	7

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 108

Total Responses:

67

1. Check one that describes you:	Yes	No	N/R
Pregnant	12	48	7
A parent/caretaker of a baby under 6 months	16	42	9
A parent/caretaker of a baby 6 months to 1 year	18	42	7
Breastfeeding (at least 1 time in 24 hours)	12	46	9
A parent/caretaker of a child over 1 year old	47	14	6
The dad, grandparent, caretaker of a child on WIC	14	42	11
The mom of a child on WIC	58	6	3
I am 18 years or younger	9	47	11

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	28	21	13	5
Getting children to eat healthy foods	11	18	37	1
Quick healthy meals	10	16	36	5
Eating a healthy diet after pregnancy	22	13	29	3
Saving money at the grocery store	14	10	40	3

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	8	24	34	1
Discussion only	16	23	19	9
Food demonstration/taste test	11	22	27	7
On the internet	28	13	12	14
Reading on my own	15	21	22	9
Learning activities	8	22	30	7

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 108

4. What is the highest level of school you completed?	Total
6th grade or less	4
7th to 9th grade	14
10th to 12th grade	12
High School graduate	22
Some College / Current Student	15
College Graduate	0
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	22	36	9
A video game console (X-box, Playstation, Game Cube, Nintendo)	22	35	10
Cable TV	48	16	3

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	5
2 times a week	6
3 times a week	4
4 or more times a week	39
No response	13

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	17	16	31	3
Exercise during of after pregnancy	21	8	32	6
Stretching	22	15	24	6
Exercising more myself	14	14	36	3
Getting my children to exercise more	22	17	25	3
Back health	20	20	23	4

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 108

ENGLISH

helping with breastfeeding difficulty such as biting

SPANISH

como acer para que dejen de usar panal

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 109

Total Responses: **64**

1. Check one that describes you:	Yes	No	N/R
Pregnant	15	35	14
A parent/caretaker of a baby under 6 months	15	31	18
A parent/caretaker of a baby 6 months to 1 year	17	27	20
Breastfeeding (at least 1 time in 24 hours)	11	33	20
A parent/caretaker of a child over 1 year old	36	9	19
The dad, grandparent, caretaker of a child on WIC	9	31	24
The mom of a child on WIC	44	3	17
I am 18 years or younger	10	35	19

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	25	11	20	8
Getting children to eat healthy foods	9	8	45	2
Quick healthy meals	9	6	44	5
Eating a healthy diet after pregnancy	17	5	35	7
Saving money at the grocery store	9	6	44	5

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	7	22	31	4
Discussion only	21	19	14	10
Food demonstration/taste test	20	21	16	7
On the internet	25	12	17	10
Reading on my own	4	16	35	9
Learning activities	3	20	33	8

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 109

4. What is the highest level of school you completed?	Total
6th grade or less	4
7th to 9th grade	9
10th to 12th grade	15
High School graduate	28
Some College / Current Student	4
College Graduate	3
No response	1

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	24	35	5
A video game console (X-box, Playstation, Game Cube, Nintendo)	17	40	7
Cable TV	48	15	1

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	3
2 times a week	5
3 times a week	13
4 or more times a week	22
No response	21

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	14	11	33	6
Exercise during of after pregnancy	17	11	30	6
Stretching	14	18	25	7
Exercising more myself	7	16	35	6
Getting my children to exercise more	12	12	34	6
Back health	13	11	34	6

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 109

ENGLISH

doesn't matter